



CREATING CONFIDENT CAREGIVERS®

## 2022 CLASS SCHEDULES

Creating Confident Caregivers® is a six-week program for family caregivers of persons living with dementia who live at home. Using the Savvy Caregiver© program, it provides knowledge, skills, and information to improve caregiving for both the caregiver and the person with dementia. Participants must pre-register for this free program, as class size is limited. Caregivers may attend classes at any location.

The following Area Agencies on Aging meet the HASA service standard and use staff trained in this evidence-based program. HASA monitors programs and provides on-going leader training to ensure caregiver participants receive a consistent, quality program.

Programs are available in two formats: in-person and virtual. Please contact the Area Agency on Aging staff listed to register or inquire about dates or other locations.

**Detroit Area Agency on Aging** – *Cities – Detroit, Hamtramck, Highland Park, Grosse Pointe, Grosse Pointe Park, Grosse Pointe Shores, Grosse Pointe Woods, Grosse Pointe Farms, Harper Woods*

**Thursdays, April 21– May 26, 2022**

1:00p.m. – 3:00 p.m.

**The Helm at The Boll Life Center**

158 Ridge Rd., Grosse Pointe Farms 48236

Call 313.882.9600 to register

**Tuesdays, May 3 -- June 7, 2022**

5:00 p.m. – 7:00 p.m.

**VIRTUAL** with Session 0: 4/26/22

**Detroit Area Agency on Aging**

Call 313.446.4444 ext. 5288 to register

Or email: [whitecr@daaa1a.org](mailto:whitecr@daaa1a.org)

**Thursdays, July 14 – August 18, 2022**

1:00p.m. – 3:00 p.m.

**The Helm at The Boll Life Center**

158 Ridge Rd., Grosse Pointe Farms 48236

Call 313.882.9600 to register

For upcoming programs, contact Crystal White at (313) 446-4444 or email [info@daaa1a.org](mailto:info@daaa1a.org)

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**Region 2 Area Agency on Aging** – *Counties – Jackson, Hillsdale, Lenawee*

**To inquire about programs, contact Region 2 at 517-592-1974**

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**Region 3-A Area Agency on Aging** – *County – Kalamazoo*

**Wednesdays, March 23 – April 27, 2022**

**2:00 – 4:00 p.m. Virtual or In Person**

**Kalamazoo County Government Health & Community Services**

Room 361

311 East Alcott St.

Kalamazoo, MI 49001

**Wednesdays, August 3 – September 7, 2022**

**2:00 – 4:00 p.m. In Person**

**Kalamazoo County Government Health & Community Services**

Room 361

311 East Alcott St.

Kalamazoo, MI 49001

**For questions or to register contact:** Patti Stratton, LMSW

269-373-5141 or [psstra@kalcounty.com](mailto:psstra@kalcounty.com)

**For program information and to register,  
contact Patti Stratton, LLMSW, at 269-373-5141 or Email: [psstra@kalcounty.com](mailto:psstra@kalcounty.com)**

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**Region IV Area Agency on Aging** **Berrien, Cass, Van Buren**

2920 Lakeview Avenue

St. Joseph, MI 49085

See program listings at:

<https://campusforcreativeaging.org/creating-confident-caregivers/>

**For program information and registration, call (269) 983-0177 or toll free at (800)442-2803**

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**Valley Area Agency on Aging** – Counties – Genesee, Lapeer, Shiawassee

For program information and registration, contact Jennifer Joyner at Valley Area Agency on Aging – (810) 239-7671 Ext 281

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**Tri-County Office on Aging** – Counties – Clinton, Eaton, Ingham

Concerned about caring for a family member? TCOA offers workshops that can help. View the current workshop schedule here: <http://www.tcoa.org/classesevidence-based-programs/>

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**Region 9 Area Agency on Aging** – Counties – Alcona, Arenac, Alpena, Cheboygan, Crawford, Iosco, Montmorency, Ogemaw, Oscoda, Otsego, Presque Isle, Roscommon

For information and to register for these programs, call **989-358-4616** or e-mail [mainvilleb@nemcsa.org](mailto:mainvilleb@nemcsa.org)

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**Area Agency on Aging of Northwest Michigan (AAANM)** – Counties – Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee, Wexford

To Register for these programs, call (800) 442-1713 or (231) 947-8920

For program information and registration, view

[www.aaanm.org/workshop-registration](http://www.aaanm.org/workshop-registration)

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**Upper Peninsula Area Agency on Aging (UPCAP)** – Counties – Alger, Baraga, Chippewa, Delta, Dickinson, Gogebic, Houghton, Iron, Keweenaw, Luce, Mackinac, Marquette, Menominee, Ontonagon, Schoolcraft

**UPCAP**

2501 14<sup>th</sup> Ave. South  
Escanaba, MI 49829

Dial 2-1-1 or visit us on the web at [www.upcap.org](http://www.upcap.org) for program information.

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